Term 4 - 2009

Tuckshop Menu - Ironside State School

Open Monday - Thursday

(v) - vegetarian option

Morning Tea	Price
Mini Pie - Beef Mince with Potato topping	$1.20
Muffins - Ham and Cheese OR Tomato and Cheese (v)	$1.20
1/2 Bread Roll with Ham and Melted Cheese	$1.20

Lunch	
Meat Pie	$2.50
Macaroni and Cheese (macaroni in a cheese sauce) (v)	$3.00
Curry Chicken (chicken in a mild curry sauce with rice)	$3.00
Spaghetti Bolognese Spirals	$3.00
Burgers	
Beef Burger with Lettuce, Tomato and Sauce	$3.20
Chicken Burger with Lettuce, Tomato and Mayonnaise	$3.20
Veggie Burger with Lettuce, Tomato and Mayonnaise (v)	$3.20
Nachos	
Corn Chips with Taco Sauce and Cheese	$3.00
Corn Chips with Taco Sauce, Chicken and Cheese	$3.50
Salad Box - Salad with Ham OR Chicken and a slice of bread	$4.50

Drinks	
Spring Water (plain)	$1.30
Grove Orange Juice	$1.40
100 % Just Juice Apple or Paradise Punch Poppers	$1.30
Plain Milk	$1.30
Flavoured Milk	
Chocolate, Strawberry, Vanilla Malt	$2.10
Lite Chocolate, Lite Iced Coffee	

Morning Tea	Price
½ Wrap - Salad and Cheese OR Ham Cheese and Carrot (v)	$2.00
Home bake	.30c–.60c

Lunch	
Sandwiches	
Salmon, Lettuce and Mayonnaise	$3.50
Ham OR Chicken OR Tuna (and Salad)	$3.50
Cheese and Salad	$3.00
Egg and Lettuce	$3.00
Salad only	$2.60
Ham OR Chicken only	$2.50
Vegemite OR Butter only	$1.00
Wraps	
½ Wrap - Salad and Cheese (v) OR Ham, Cheese and Carrot	$2.00
Full Wrap - Salad and Cheese (v) OR Ham, Cheese and Carrot	$4.00
Sushi – ONLY available on Wednesdays	
Avocado (v) OR Teriyaki Chicken	$2.50
Tuna	$2.70

Snacks	
Cheese and Crackers	$1.00
Popcorn	$1.00
Slinky Apple	$1.00
Pretzels	.80c
Paper Bags	.05c
(where no bag provided)	

Iceblocks	
(over the counter sales only)	
Fruit Tubes (99% Fruit Juice)	.50c
Juice Cups	.80c
Frozen Yoghurt	$1.50
Low Fat Ice Cream Cup	$1.00
Frozen Fruit and Custard Cup	$1.00

Please note Morning Tea is for Years 3-7 only, Tuckshop open Monday-Thursday

Current at September 2009