



Innovative, Inclusive, Involved
with an 'I' to the future



THE IRONSIDE JOURNEY



Prep at Ironside

A School steeped in history, looking to the future

Ironside State School has a long and proud history of academic excellence. The school was founded in 1870. Our school motto is *Servabo Fidem* which means:

*I will be trustworthy
I will keep faith in humanity
I will be honourable
I will not give up faith*



Welcome to Ironside...



Welcome to Ironside

As Prep teachers at Ironside, it is our passion and commitment to inspire, engage and support your child as they embark on this important journey.

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We extend a warm welcome to you and your family.
We hope you enjoy your journey with us at Ironside State School.

We believe that education is most beneficial for the child when parents and teachers work together.
We look forward to the opportunity of working with you.
We welcome your interest and your visits to our classroom.

School Calendar 2024

- Term 1:** Monday 22 January to Thursday 28 March
- Term 2:** Monday 15 April to Friday 21 June
- Term 3:** Monday 8 July to Friday 13 September
- Term 4:** Tuesday 30 September to Friday 13 December

Hours of Operation

Monday to Friday – 8:55am to 3:00pm

Please ensure that your child arrives on time as learning will commence at 9.00am.

School Contacts

Principal: Angela Kelly

akell58@eq.edu.au

Deputy Principal: Scott Weston-Murdoch

smurd31@eq.edu.au

Administration: 3258 3111

Student Absentee Email: studentabsence@ironsidess.eq.edu.au

Email Address: admin@ironsidess.eq.edu.au

Website: www.ironsidess.eq.edu.au



Everything your child does within our school has a purpose for learning.



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Prep

The Prep Year at Ironside will provide the foundation for your child as a life long learner through a happy and supportive environment. The importance of nurturing the whole child is a key component of our Prep philosophy. Students are engaged through rich, stimulating and challenging learning experiences that foster an enthusiasm and love of learning.

At Ironside, parents and staff value working collaboratively to nurture and support the educational journey of each child.



Ironsides State School is a learner-centred community committed to excellence in education. Our school community values learning and Ironside students excel in academic achievements.

The Prep Program at Ironside

The Preparatory Program is a full time quality educational program, which aims to:

- Provide a wide range of learning experiences that support the development of the whole child
- Provide a stimulating environment which excites and engages children about learning
- Encourage active learning, problem solving, effective communication skills, creativity, social skills and participation
- Incorporate perceptual motor programs to develop fine and gross motor skills
- Encourage children in becoming positive, happy, confident and independent individuals
- Have each child as the central learning focus
- Value the inquisitive and curious nature of children
- Provide a combination of exploratory and formal learning experiences
- Encourage strong partnerships between children, parents, staff and the wider school community
- Celebrate the diversity of life experience and cultural heritage that shape a child's life

At Ironside, the Australian Curriculum (<http://www.australiancurriculum.edu.au>) is embedded in the teaching and learning of English, Mathematics, Science, HASS, Technologies, The Arts and HPE.

In Prep, students are supported in developing their social and emotional competence and health and physical wellbeing.

EAL/D Support

Eligible Prep students are also able to access quality English language support from highly qualified EAL/D staff from Semester 2 each year. This support is mainly provided within the classroom environment during literacy activities. It is tailored to the needs of EAL/D students by providing classroom support as they further develop their oral language and literacy skills.



At Ironside the Preparatory program aims to provide a wide range of learning experiences that support the development of the whole child.



Supporting your child in Prep

Getting Involved...

At Ironside, we value the support and inclusion of parents and welcome your involvement. As a parent, you play a vital role in your child's learning and development. We encourage you to be involved at Ironside, both within the classroom and our school community.



"We encourage you to be involved at Ironside, both within the classroom and our school community."

Involved in the Classroom

- Communicate with your child's teacher any concerns or relevant information about your child, especially significant changes at home
- Enrich the children's learning experiences by sharing your knowledge and expertise
- Volunteer as a parent helper
- Attend Parent interviews to discuss your child's progress



Involved in the School Community

- Support the Parents and Citizens Association, which meets on the last Tuesday of each month at 6:30pm in the staffroom
- Participate in fundraising and social events, such as the Ironside Spring Fair and International Breakfast
- Keep up with what is happening by reading our school Newsletter - this will be emailed to parents every fortnight

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We value the involvement of our parents in our school community .

P&C Association

3 Hawken Drive
St. Lucia QLD 4067
pandc@ironsidess.eq.edu.au

Involved from Home

Preparing for School

There are some simple skills that will help your child settle into the routines of Prep.

It is helpful if your child can independently:

- Look after their own possessions
- Pack their own bag
- Go to the toilet and wash their hands independently
- Put on their own shoes
- Care for and put things away
- Use a tissue or hanky

- Recognise and write their own name
- Use scissors, crayons/pencils
- Open their own lunch containers

- Follow simple directions and answer questions
- Look and listen when spoken to and use common manners
- Seek help if they have a problem
- Speak clearly and correctly

“Read, read, read! Read with your child regularly – daily, if possible.”

“Make counting part of everyday life.”



Getting Ready for Learning

Here are some ways you can support your child’s readiness for learning at school:

<p>English</p> <ul style="list-style-type: none"> • Read, read, read! Read with your child regularly—daily, if possible • Encourage a broad vocabulary by interacting in play and conversations • Engage in simple writing activities together - such as creating shopping lists and birthday cards • Encourage your child to speak in full sentences - describe situations, recall events or trips, discuss feelings and emotions • Introduce you child to letters and the sounds they make 	<p>Mathematics</p> <ul style="list-style-type: none"> • Make counting a part of everyday life • Sort and group toys, blocks, shopping items • Talk about the size and shape of items in the home and environment • Look for patterns in the environment and encourage your child to make their own.
<p>Science</p> <ul style="list-style-type: none"> • Encourage your child to ask questions about the world around them • Help your child experiment with everyday things • Take an interest in sustainability • Encourage them to be active observers by reasoning, problem solving and using their imagination. 	
<p>HASS: History and Geography</p> <ul style="list-style-type: none"> • Engage your child in discussion about their own history and that of their family • Engage your child in discussions about where they live, special places they visit • Observe features of places • Engage your child in discussions about the world map, Australia and the city of Brisbane 	



Design and Construction:
Engaging in problem-solving and celebrating successes.

In Prep, the children are engaged in reading, writing and oral language activities every day.

Bridge Builders



Bridge Builders® is a school-wide proactive program aligned to the Australian Curriculum (Personal and Social Capabilities), implemented sequentially from Prep–Year 6. Students are explicitly taught to apply conflict resolution strategies, communicate using a common language and build their confidence to solve interpersonal problems.

Bridge Builders® at Ironside State School is a whole school approach that promotes resilience and self-worth. It encourages students to respond appropriately and challenge conflict behaviours and to develop positive and safe relationships. It is embedded into the everyday life of the school.



Bridge Builders Online

To support families with younger children, Ironside State School provides access to the Bridge Builders Online Program. This program is designed to help students with resolving everyday conflict and will be implemented during the course of the year with students accessing material both during class, and outside of class time.

Teachers will provide further information in Term 1.



Thinking + Feeling
= Behaviours

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Clearly label
all of your
child's
belongings.

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General Information

Daily Requirements

Each day, your child will need to bring:

- Healthy food for Crunch - approximately 9:45am and First Break - 10:50am to 11:30am and Second Break - 1:30pm to 2:00pm
- A spare set of clothes, blue if possible (please include underwear) All of these items are to be clearly marked and do remain in your child's bag
- A named water bottle
- A LARGE bag or backpack is important so children can pack their bags independently and so that a foolscap-size home folder can fit

Uniform

All children are encouraged to wear the School Prep uniform, including a school hat. Please remember that our school has a **NO HAT, NO PLAY** policy.

Uniforms are available from the Uniform Shop (located next to the Tuckshop), which is open:

Wednesdays: 2:30pm - 3:30pm

Fridays: 8.30am - 9.30am

Please check school website as opening times may change. Online ordering is also available.

Sleeper earrings, medallions of a religious nature and medical alert bracelets may be worn. Other jewellery is better left at home.

Students are to wear black, closed in shoes or joggers with white socks.



Prep children wear yellow hats that distinguish them from the rest of the school.

Food at School

Meal Times

Prep children have three meal breaks each day:

- Crunch and Munch—a small **healthy** snack
- First Break
- Second Break

Our students
are encouraged
to eat healthy
food at school.



As independence is encouraged in all aspects of your child's day, please pack their lunch in containers that they can open themselves. Children are encouraged to eat healthy food.

At First Break and Second Break, children are given time to eat with their class before playing. Please only send the amount of food that you know your child will eat in approximately 10 minutes. Children can get very discouraged if they have too much food and too much choice.

If your child has any special dietary requirements please discuss this with their teacher.

Tuckshop

Prep children will be able to purchase food online for lunch from the tuckshop from Term 2. Please see our website for ordering details.

Food Allergies and Intolerances

Unfortunately, the incidence of childhood food allergies is on the rise. Some children can have a dramatic reaction to the smell/touch of items such as, dairy and nut-based products.

Their reaction may even result in hospitalisation. As a result, the sharing of food items is not permitted. Please advise your teacher if your child suffers from food allergies or intolerances.

Birthdays and Celebrations

We love celebrations! If you wish to celebrate your child's birthday or any other significant cultural event please come and discuss this with your child's teacher.

Suggested ideas for celebrations: Small muffins, cakes or gingerbread men, fruit kebabs, fruit and cheese kebabs, pikelets, ice blocks (in Summer).

Procedures for Picking up and Dropping off

PREP Arrivals:

Using the entrances at either Swann Rd or Hawken Drive, parents and Prep students may make their way to the Prep Precinct from 8:30am. Parents, we ask that you observe our “Hug and Go” stations, and let our Preppies independently make their way to the classroom.

Students are to place their bag on the bag rack and organise their belongings as per the classroom routines. Teachers and Educational Support Officers will be there to assist children, particularly in the first weeks of school.

Each classroom teacher will have their own routine and expectations before the school day starts i.e. putting bag on rack, placing water bottles and ‘crunch’ containers in the appropriate spot. Your classroom teacher will practise these with the students.

Your part in this process is to allow your child to manage these little routines on their own and to ensure conversations are had with your child about what they need to do. These conversations and preparation are vital to ensure your child’s readiness for routine changes later in the year.

If your child is experiencing difficulty or uncertainty, remember we are here to help and support.

* The playground equipment is not to be accessed during this time. Prep students are expected to wait in front of their classroom or play in the Prep precinct. This is for safety reasons.

* It is important for parent to leave this work to the students and teachers. Should your child seek your assistance, direct them to listen and follow the teacher’s instructions.

School starts promptly at 9:00am. A bell will ring (this is a standard school bell), signalling to students that they should be ready to enter the classroom and start their day. Upon hearing this bell, it is expected that parents promptly vacate the Prep Precinct and school grounds.



PREP Departures:

At the end of the school day, Prep students will be waiting on the Grassy Patch for parents, known adults or siblings to collect them.

Students will be in class lines. Signs and markers will help to locate and collect your child.

Parents, known adults or siblings are to speak to the supervising adult and state who they are collecting.

* This is a matter of student safety and needs to be conducted in an orderly manner. Patience during this process will be greatly appreciated.

Things to note (Prep):

If your child attends before or after school care - the OSHC educators will ensure that students they arrive and depart class safely.

For students that access the care provided by Playhouse - the educators will ensure the safe arrival and departure as per their advice.

If your child attends a program provided by an external provider after school (dance, tennis, etc.), the duty of care remains with the parents accessing this service.

Students are to be collected promptly by 3:00pm at the end of the school day.



In the event of inclement weather, Prep students should have a raincoat in their school bag. Umbrellas are a hazard to other Prep students. Students with umbrellas will be asked to close them due to safety concerns.



Outside School Hours Care / Vacation Care

Children can attend the Ironside Outside School Hours Care and Vacation Care subject to vacancies. It is parental responsibility to make these arrangements. Outside School Care Staff can be contacted on **3870 9849** before 9:00am and after 3:00pm or at contactus@ironsideoshc.org.au
Prep children will be escorted to and from Before and After School Care.

Health and Illness

Please keep your child at home if they are unwell. This is for the protection of the other children and staff, and to aid your child's recovery. If your child will be absent please email studentabsence@ironsidess.eq.edu.au, or advise using the QParents App.

First Aid

Prep children who become ill are initially given a short period of rest and observation either in the classroom or the first aid room. If there is no improvement in the child's condition, parents or emergency contact people will be contacted and asked to take the child home. The school does not have the facilities for children to remain in the medical room for more than half an hour.



Education Queensland has an exclusion policy for children suffering from various infectious diseases, e.g. chicken pox, German measles, school sores, etc. Refer to the Ironside State School Information Booklet for more information.

The school has facilities to deal only with minor injuries and parents are advised if a minor injury may require further medical attention.

In more serious cases the parents are contacted immediately. If they are unavailable the nominated emergency contact person is contacted. If there is no response, the Queensland Ambulance Service is called.

The Queensland Ambulance Service is called to assist with all accidents resulting in serious injury or urgent need for medical attention.

Time Out

Keeping your child and other kids healthy!



- Information for a number of infectious conditions that may require¹ exclusion of children from school, education and care services.
- Additional public health recommendations that apply to children and adults.
- To assist medical practitioners, schools, preschools and childcare facilities to meet the public health requirements¹ and recommendations.

¹Refers to contagious conditions as per the Public Health Regulation 2018.

1. Observing the exclusion period meets the intent of the Public Health Act 2005 for a person to be non-infectious. See schedule 4 of the Public Health Regulation 2018 for a complete list of contagious conditions and their exclusion criteria.
2. Doctors should notify the local Public Health Unit as soon as possible if children or staff are diagnosed with these conditions. Refer to page 2 for Public Health Unit contact details.

Condition	Person with the infection	Those in contact with the infected person (The definition of "contact" will vary between diseases)
*Chickenpox (varicella)	EXCLUDE until all blisters have dried, and at least 5 days after the onset of symptoms. ¹	EXCLUSION MAY APPLY EXCLUDE non-immune pregnant women and any child with immune deficiency or receiving chemotherapy. Advise to seek urgent medical assessment. Contact your Public Health Unit for specialist advice. Also see Shingles information below.
Cold sores (herpes simplex)	NOT EXCLUDED If the person can maintain hygiene practices to minimise the risk of transmission. Young children unable to comply with good hygiene practices should be excluded while sores are weeping. Sores should be covered with a dressing where possible.	NOT EXCLUDED
Conjunctivitis	EXCLUDE until discharge from eyes has ceased unless a doctor has diagnosed non-infectious conjunctivitis.	NOT EXCLUDED
*COVID-19 ²	EXCLUDE those who have symptoms and relevant contacts. ¹ See latest Queensland Health guidance for exclusion periods and criteria. Contact your Public Health Unit for specialist advice.	EXCLUSION MAY APPLY Contact your Public Health Unit for specialist advice.
Cytomegalovirus (CMV)	NOT EXCLUDED pregnant women should consult with their doctor.	NOT EXCLUDED pregnant women should consult with their doctor.
Diarrhoea and/or Vomiting <i>including:</i> <ul style="list-style-type: none"> • amoebiasis • campylobacter • cryptosporidium giardia • rotavirus • salmonella • *gastroenteritis <i>but excluding:</i> <ul style="list-style-type: none"> • *norovirus • shigellosis • toxin-producing forms of E.coli (STEC) <p>See advice for these specific conditions below</p>	Exclusion periods may vary depending on the cause. EXCLUDE a single case until the person, has no symptoms ¹ (includes vomiting if applicable), is feeling well and they have not had any loose bowel motions for at least 24 hours or if the person has confirmed norovirus exclude for at least 48 hours. ¹ EXCLUDE all persons who prepare or serve food until they have not had any diarrhoea or vomiting for 48 hours. NOTE: If there are 2 or more cases with diarrhoea and/or vomiting in the same location, which may indicate a potential outbreak OR a single case in a food handler, notify your Public Health Unit. Diarrhoea: 3 or more loose stools or bowel movements in a 24 hour period that are different from normal and/or escapes a child's nappy. See information below if norovirus is confirmed or considered likely as the cause of diarrhoea and vomiting.	NOT EXCLUDED
*Enterovirus 71 (EV71 neurological disease)	EXCLUDE until written medical clearance is received confirming the virus is no longer present in the person's bowel motions. ¹	NOT EXCLUDED
Fungal infections of the skin and nails (ringworm/tinea)	EXCLUDE until the day after antifungal treatment has commenced. (No exclusion for thrush).	NOT EXCLUDED
Glandular fever (mononucleosis, Epstein-Barr virus)	NOT EXCLUDED	NOT EXCLUDED
*German measles (rubella) ²	EXCLUDE for 4 days after the onset of rash ¹ or until fully recovered, whichever is longer. Pregnant women should consult with their doctor.	NOT EXCLUDED pregnant women should consult with their doctor.
*Haemophilus influenzae type b (Hib)	EXCLUDE until the doctor confirms the person is not infectious and has completed 4 days of appropriate antibiotic treatment. ¹ Contact your Public Health Unit for specialist advice.	EXCLUSION MAY APPLY Contact your Public Health Unit for specialist advice.
Hand, foot and mouth disease	EXCLUDE until all blisters have dried.	NOT EXCLUDED
Head lice	Exclusion is not necessary if effective treatment is commenced before next attendance day (i.e. the child does not need to be sent home immediately if head lice are detected).	NOT EXCLUDED
*Hepatitis A ²	EXCLUDE until at least 7 days after the onset of jaundice ¹ OR for 2 weeks after onset of first symptoms, including dark urine if there is no jaundice. If a person is asymptomatic contact your Public Health Unit for Specialist advice.	NOT EXCLUDED Contact your Public Health Unit for specialist advice about vaccination or treatment for children and staff in the same room or group, children transferring to another centre and new enrolments.

Condition	Person with the infection	Those in contact with the infected person ¹
Hepatitis B and C	NOT EXCLUDED cover open wounds with waterproof dressing.	NOT EXCLUDED
Hepatitis E	EXCLUDE until at least 2 weeks after the onset of jaundice.	NOT EXCLUDED
Human immunodeficiency virus (HIV/AIDS)	NOT EXCLUDED cover open wounds with waterproof dressing.	NOT EXCLUDED
Influenza and influenza-like illness	EXCLUDE until symptoms have resolved, normally 5-7 days.	NOT EXCLUDED
*Measles ²	EXCLUDE until the doctor confirms the person is not infectious but not earlier than 4 days after the onset of the rash. ¹ <i>Contact your Public Health Unit for specialist advice.</i>	EXCLUSION MAY APPLY NOT EXCLUDED vaccinated or immune contacts. EXCLUDE immuno-compromised contacts (including those receiving chemotherapy) until 14 days after the appearance of the rash in the last case. EXCLUDE non-or incompletely vaccinated contacts, without evidence of immunity. <i>Contact your Public Health Unit for specialist advice.</i>
Meningitis (bacterial)	EXCLUDE until well and has received appropriate antibiotics.	NOT EXCLUDED
Meningitis (viral)	EXCLUDE until well.	NOT EXCLUDED
*Meningococcal infection ²	EXCLUDE until the treating doctor confirms the child is not infectious and at least 24 hours of appropriate antibiotics have been completed. ¹ <i>Contact your Public Health Unit for specialist advice.</i>	NOT EXCLUDED <i>Contact your Public Health Unit for specialist advice about antibiotics and/or vaccination for close contacts.</i>
Molluscum contagiosum	NOT EXCLUDED	NOT EXCLUDED
Mumps	EXCLUDE for 5 days after onset of swelling. Pregnant women should consult with their doctor.	NOT EXCLUDED pregnant women should consult with their doctor.
*Norovirus	EXCLUDE until no symptoms and no loose bowel motions for 48 hours. ¹	NOT EXCLUDED
Roseola, sixth disease	NOT EXCLUDED	NOT EXCLUDED
Scabies	EXCLUDE until the day after treatment has commenced.	NOT EXCLUDED
School sores (impetigo)	EXCLUDE until 24 hours of appropriate antibiotics have been completed. Cover sores on exposed areas with a waterproof dressing until sores are dry, and encourage handwashing.	NOT EXCLUDED
Shiga toxin-producing E.coli (STEC)	EXCLUDE until diarrhoea has stopped and 2 samples have tested negative. <i>Contact your Public Health Unit for specialist advice.</i>	EXCLUSION MAY APPLY <i>Contact your Public Health Unit for specialist advice.</i>
Slapped cheek syndrome, fifth disease (parvovirus B19, erythema infectiosum)	NOT EXCLUDED pregnant women should consult with their doctor. Note: Children are contagious until 24 hours after the fever resolves. Rashes generally occur after the infectious period has passed.	NOT EXCLUDED pregnant women should consult with their doctor.
Shigellosis	EXCLUDE until there has been no diarrhoea or vomiting for 48 hours. <i>Contact your Public Health Unit for specialist advice.</i>	EXCLUSION MAY APPLY <i>Contact your Public Health Unit for specialist advice.</i>
Shingles (herpes zoster)	EXCLUDE all children until blisters have dried and crusted. EXCLUDE adults if blisters are unable to be covered. NOT EXCLUDED in adults if blisters can be covered with a waterproof dressing until they have dried.	EXCLUSION MAY APPLY <i>Contact your Public Health Unit for specialist advice, including advice for pregnant women and any person who is immuno-compromised (including receiving chemotherapy).</i>
Streptococcal sore throat (including scarlet fever)	EXCLUDE until 24 hours of appropriate antibiotics have been completed.	NOT EXCLUDED
*Tuberculosis (TB) ²	EXCLUDE until written medical clearance is received from the relevant Tuberculosis Control Unit.	NOT EXCLUDED
*Typhoid ² and paratyphoid fever ²	EXCLUDE until appropriate antibiotics have been completed. ¹ Stool sample clearance will be required, <i>contact your Public Health Unit for specialist advice.</i>	EXCLUSION MAY APPLY <i>Contact your Public Health Unit for specialist advice.</i>
*Whooping cough (pertussis) ²	EXCLUDE until 5 days after starting appropriate antibiotics or for 21 days from onset of cough AND confirmed that they are not infectious. ¹ <i>Contact your Public Health Unit for specialist advice.</i>	EXCLUSION MAY APPLY for contacts of an infected person. <i>Contact your Public Health Unit for specialist advice regarding exclusion of non-or incompletely vaccinated contacts.</i>
Worms	EXCLUDE until diarrhoea has stopped for 24 hours and treatment has occurred.	NOT EXCLUDED

This is an assistive tool, it is not intended to replace clinical assessment, management or judgment.

If you have any medical concerns, contact your healthcare provider or 13 HEALTH (13432584)

For further advice on the information within this poster, contact your nearest Public Health Unit via 13Health or at www.health.qld.gov.au/system-governance/contact-us/contact-public-health-units

Further information on recommendations:

- Communicable Diseases Network Australia (CDNA) guidelines <https://www.health.gov.au/internet/main/publishing.nsf/Content/cdnasongs.htm>
- National Health and Medical Research Council publication: infectious diseases in early childhood and education and care services, 5th edition www.nhmrc.gov.au/guidelines-publications/ch55
- Queensland Department of Health Communicable Disease Control Guidance <http://disease-control.health.qld.gov.au>



Use this QR Code to access a digital copy of this poster or visit www.health.qld.gov.au/public-health/schools/prevention

NOTES



IRONSIDE

INNOVATIVE INCLUSIVE INVOLVED

academic excellence
cultural diversity

A learner-centred community committed to excellence in education

innovative thinking
integrity & independence

...with an **I** to the future

Original document
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Rachele Murray & Helen Parker
— Prep Teachers 2012

