

# www.gpswimschool.com PARENT / CARER INFORMATION

At Georgie Parkes SWIM SCHOOL (GPSS) we strive to provide excellence in swimming teaching and learning to every child everyday at every lesson. To assist with this it is important our parents are familiar with our policies and procedures.

# **BOOKING LESSONS**

All lessons can be booked via phone or email. Once this is done, a registration form must be completed and returned to GPSS with full payment by the due date (PRIOR to the commencement of lessons). Once payment and registration is received, your child's lesson becomes confirmed. If not received by the due date the booking may be released without notice.

# **REBOOKING LESSONS – PRIORITY BOOKINGS**

All lessons MUST be rebooked for the following term. No places automatically save from one term to the next. PRIORITY BOOKINGS are available 2 weeks prior to new bookings OPENING, so currently enrolled students have first preference to re book their class. Priority booking for the following term will commence in week 7 of the current term. Timetables and prices will be displayed at the pool, emailed to our data base and to the Ironside school community via the school newsletter. Booking lessons is most efficiently done via email. gpswimschool@gmail.com

# SWIMMING CAPS

Swim caps SHOULD be worn at all swimming lessons. Please ensure they fit correctly and are named. GPSS swim caps may be purchased at the pool for \$10.00

### **SUN SHIRTS**

Are optional for all Learn to Swim and Stroke Development classes. Squad swimmers should NOT train in sun shirts. Please ensure sun shirts are firm fitting and not OVER STRETCHED causing excess dragging, inhibiting children's movement and therefore development in the pool.

#### GOGGLES

Good quality, correct fitting goggles are recommended for all swimmers. Learn to swim students however, will often practice safety activities without goggles. Squad swimmers MUST wear goggles to all sessions.

#### FINS/ PULL BUOYS/ KICK BOARDS

Squad swimmers are encouraged to have their own training equipment including flippers, kickboard and pull buoy secured in a mesh swim bag and clearly named. These bags may be left and stored at the pool. Equipment for all other classes will be supplied. No Floaties, back bubbles or safety vests will be required for any children during lessons.

# MAKE UP CLASSES

We like children to attend all their lessons and maintain continuity with their swimming, therefore we guarantee ONE make up class per block of 10 lessons. The make up class MUST be taken in the same term. If children miss more than one class, we will endeavour to offer extra make ups, but this cannot be guaranteed. 24 hours notice is kindly required before an absence to qualify for a make up class.

#### ABSENCE

Not essential but notice of absences are appreciated and make up classes will be offered ONLY if 24 hours notice is received.

#### **INCLEMENT WEATHER**

Swim lessons will go ahead in rain and windy conditions, with the exception of tornadoes or dangerous conditions. In the event of lightning and thunder storms classes will be cancelled. In this situation after school, a swim coach will still be in attendance at the pool to supervise the swimmers under shelter until the regular finishing time of the class. Parents / carers may choose to pick up their children early of course.

Unfortunately when classes are cancelled due to 'Acts of God' (weather) make up classes cannot be scheduled.

#### **PARENTS ATTENDANCE / INQUIRES**

Parents / carers are most welcome (ENCOURAGED) to watch their children's lessons from the grandstand. Please DO NOT HOVER AT THE END OF THE POOL or take lesson time to talk to your child's teacher once the class has started. If you would like to discuss any aspect of your child's lessons please email or phone tor make an appointment. We are more than happy to discuss any aspect of your child's swimming lessons, but ask that you respect our desire to complete each class with full attention to the children.

# SIBLINGS

If siblings are in attendance at the pool during swimming lessons, and not involved in lessons, **please do not allow them to RUN** around the pool concourse or yell or scream. Siblings are welcome to watch and be in attendance if they are seated with parents.

### PUPIL FREE DAYS

Most often lessons will continue on pupil free days, however please always CONFIRM this with your swim teacher.

#### **PUBLIC HOLIDAYS**

Most official Public Holidays we DO NOT conduct lessons, and this will be reflected in your term payment prior to the commencement of the term.

#### SWIM/RUN/SWIM

A FREE, FUN, FITNESS activity for all Stroke Dev 1, 2 and Squad swimmers conducted every second Saturday morning from 7-8am during term 4 and 1. Parents welcome to join in also. Bring your running shoes. Times will be recorded to measure improvement.

### **BEHAVIOUR AT THE POOL**

Whilst in the confines of Ironside State School pool, respectful and responsible behaviour is expected at all times. No abusive, loud or interruptive language will be tolerated. All signs regarding movement around the pool must be adhered to or persons will be asked to leave the area.

### SUPERVISION BEFORE/ AFTER SWIM CLASS

After school lessons commence at either 3.15pm, 3.45pm or 4.00pm, 4.30 or 5.15pm

All children under 10 years old must be supervised by a parent or carer at the pool or by a staff member of ISACAG.

GPSS assumes 'Duty of Care' and responsibility only once the children are in the water for their assigned lessons.

Children are NOT to be left at the pool following their lessons, as they have no official supervision. They must be picked up promptly at the conclusion of their lesson.

#### FEES

All swimming lesson fees include GST and are calculated and paid in advance per term. Payment is either by CREDIT CARD, DIRECT DEPOSIT, CASH and must be paid by the specified due date, usually approximately 1-2 weeks prior to the commencement of the term.

#### REFUNDS

Georgie Parkes swim school has a NO REFUND policy. Management will show discretion in extenuating circumstances.

# LESSON PROGRESSION

Children are invited to progress to the next level class when their coach feels they are ready. Each class level has specific stroke technique and fitness objectives. However other factors such as confidence, age, maturity and physical development are also considered when progressing children. Some children thrive on the challenge of constantly pushing themselves, however for many being out in front and comfortable in their swimming development class is better for their confidence, enjoyment and ultimate swimming progress.

# LEARN TO SWIM CERTIFICATES

We have beautiful certificates awarded to each swimmer who completes the 10 skills of each of four 4 Learn to Swim levels. Certificates will be handed out as they are achieved.

#### LESSON CHANGE

If you require a lesson change of day(s) or time during the term, please contact GPSS via email and we will endeavour to make the change if availability permits.

### **LESSON NUMBERS**

All classes have capped numbers in order for the most effective teaching and learning to take place. On occasions during the term children are trialled in different classes and so this may cause excess numbers for that day.

#### **IRONSIDE SWIM CLUB**

Is conducted each FRIDAY evening during terms 4 & 1. Swim club swimming is a great introduction to the world of competitive swimming. In a fun, family and social environment, competition is based on ability and not age or gender. Swimming club provides a wonderful compliment to all levels of swim training from Prep to Learn to Swim through to Racing Squad. For further information please contact Ian Ramsay on 0402 465 554

# HOLIDAY SWIMMING CLINICS (4-7 & 7-12 year olds)

Outside of the school term, all lessons conducted are classified as 'Holiday Lessons'. HOLIDAY LESSONS are conducted in the September and Dec/Jan and Easter school holidays. **Stroke Development and Squad clinics**: 1.5/ 2hr classes Monday to Friday inclusive **Intensive Learn to Swim weeks**: 45 minute classes, Monday to Friday inclusive.